

Department of Physical Education

Programme & Course Outcomes

Name of the Programme	Programme Outcomes	Course Outcomes BPES 1st Year		Course Outcomes BPES 2nd Year		Course Outcomes BPES 3rd Year		
		COURSE OBJECTIVE	COURSE OUTCOMES	COURSE OBJECTIVE	COURSE OUTCOMES	COURSE OBJECTIVE	COURSE OUTCOMES	
Bachelor of Physical Education and Sports	Skill development- Interpret practical, theoretical and sports skills required for physical education development.							
	Able to officiate in the tournaments.	BPCC-101 INTRODUCTION OF EDUCATION TO PHYSICAL EDUCATION & SPORTS		BPCC-301 FOUNDATIONS OF PHYSICAL EDUCATION & SPORTS		BPCC-501 FOUNDATIONS OF PHYSICAL EDUCATION & SPORTS		
	Understanding ability- Able to understand functioning of various internal organs of the human body.	1. To develop basic concept of Education & Physical Education.	1. Understand the concept of physical education.	1. To develop the basic Biological foundation in the field of physical education.	1. They will develop the basic Biological foundation in the field of physical education.	This course will enable students to understand the concept of test, measurement & evaluation in Physical Education, Criteria of selection, classification and administration of test, physical fitness tests and sports skill tests.	1. Understand the need & importance of test, measurement and evaluation in physical education. Describe the criteria, classification and administration of test. Develop concepts related to test, measurement & evaluation. Construct a strong basis in the evaluation techniques through the various test and measurements method used in physical education. Explain different physical fitness and skill tests.	
	Health Conscious Ability - Appraise food safety and prevention of injury to maintain a safe and healthy environment.	2. To develop concept of philosophical application in the field of Physical Education & Sports.	2. Understand the historical development of physical education in India and abroad.	2. To develop the basic Psychological foundation in the field of physical education.	2.They develop the basic Psychological foundation in the field of physical education.		BPCC-502 APPLIED PSYCHOLOGY	
	Knowledge about psychology- Able to applicant and interpretation of applied psychology.	3. To bring knowledge about historical background of Indian Education & cultural heritage.	3. Describe the different methods of teaching.	3. To develop the basic Philosophical foundation in the field of physical education.	3. They will develop the basic Philosophical foundation in the field of physical education.	1.To bring out knowledge about the basic Psychology.	1. Students will be able to understand the basic understanding of Psychology and its branches.	
	Develop long-term goals and strategies that map the actions needed to each year to meet the objectives.	4. To create knowledge & understanding about methods of teaching.	4. Understand the philosophical concept of education.	4. To develop the basic Sociological foundation in the field of physical education		2.To make understand the need and importance of principles of Psychology.	2.Students will be able to understand need and importance of Psychology in the field of sports and Physical Education.	
	Develop organizational and marketing processes of sports equipment's and tournaments.	BPCC-102 BASIC ANATOMY AND FIRST-AID		BPCC-302 PHYSIOLOGY		3. To make understand the student about different theories of Psychology.	3. Students will be able to control various performance effecting negative variables.	
	To conduct rehabilitation programs for the players and society.	1.To create basic knowledge & understanding about human body & their functioning.	1. Understand the different systems of human body.	1. To bring out knowledge about the basic Physiology.	1. They will gain knowledge about the basic Physiology.	4. Understanding the scope of Psychology.	4. Students will be able to understand Various learning theories and their implications in Physical Education and sports.	
	Able to take anthropometric measurement in the field of sports and physical education.	2. To understand relationship of anatomy and first-aid in the field of physical education.	2. Identify and describe the different organs of the human body and its regulation.	2. To make understand the need and importance of principles of Physiology.	2. They will understand the need and importance of principles of Physiology.		BPCC-503 CORRECTIVES & REHABILITATION IN PHYSICAL EDUCATION	

Able to help responsible authorities during natural disaster in their management.	3. To develop understanding of various systems & their functioning.	3. Understand the effects of the exercise on different systems of human body.	3. To make understand the student about application of Physiology in the field of physical education.	3. They will understand the student about application of Physiology in the field of physical education.	1. To bring out knowledge about the Correctives & Rehabilitation.	1. Students will be understand Various common sports injuries and their Rehabilitation.
		4. Measure the bodily functions such as blood pressure, pulse/heart rate, different lung volume,gaseous exchange, capacity, amount of lactic acid etc.	4. Understanding the scope of Physiology.		2. To understand the various Sports Injuries.	2. Students will know prevent and management of various postural deformities.
	BPCC-103 APPLIED SOCIOLOGY		BPCC-303 MANAGEMENT OF PHYSICAL EDUCATION & SPORTS		3. To understand the Therapeutical modalities.	3. Students will be understand applications of Various therapeutic modalities.
	1. To develop the basic aspects of applied sociology in the field of physical education.	1 Sports and Sociology.	1. To develop the understanding of constructions and administration of gymnasium and swimming pool.	1. Student will understand the constructions and administration of gymnasium and swimming pool.	BPEC-501 SPORTS TOURISM	
	2.To bring knowledge & understanding about the model of social structure & organization.	2. Nature of learning and Personality.	2. Maintenance of outdoor, indoor facilities & equipments.	2. They will learn Maintenance of outdoor, indoor facilities & equipments.	1. To bring out knowledge about Sports Tourism.	1. Understand the historical development of sports tourism.
	3.To develop the knowledge about society (Urban & Rural) & cultural heritage.	3. Need for study of sports sociology.	3. Knowledge about sports management & their functional phases.	3. They will gain knowledge about sports management & their functional phases.	2. To understand the development of Sports Tourism Industry & Economic Activities.	2. Describe and use of various schemes, sites and location of sports tourism at the University.
	4. To develop the concept of sports and games in society.	4. Culture, Sports culture and elements of culture.	4. To bring knowledge about organizing sports events, budget making, & event management.	4. To bring knowledge about organizing sports events, budget making, & event management	3. To understand the modern development and promotion of Sports Tourism.	3. Understand the concepts about sports tourism as a economic activities.
	BPEC-101 ENVIRONMENTAL STUDIES		BPEC-301 ENGLISH-I		BPEC-502 PERSONALITY DEVELOPMENT	
	1. To bring awareness & understanding about environment & basic aspect.	1 Understand about the concept of health and health education.	1.To Develop the use of vocabulary.	1. They will learn the use of vocabulary.	This course will enable students to understand the concept officiating and coaching. It aims to develop the philosophy of coaching, qualities and qualifications of coach and official, general introduction of specialized games and sports.	1. Understand the concept and mechanism of officiating and coaching.
	2. To provide knowledge about various National Environmental Policies (NEP).	2 Understand the health problems in India.	2.To Develop the knowledge about the grammar.	2. Student will develop the knowledge about the grammar.		2. Describe and use of Wellness and Physical Fitness.
	3. To bring awareness about conserve natural resources.	3 Understand about hygiene, nutritional aspects and prevention and control of Communicable and non-communicable diseases.	3.To Develop the writing skills.	3. They will develop the writing skills.		3. Understand the concept of mental concept.
	4. To bring awareness about the social issues of environment on human health.	4 Apply the comprehensive knowledge of the concept of health education, school health services and prevention of the environment related problems.	BPEC-302 RECREATION & CAMPING		BPCC-601 SPORTS TRAINING	
		5 Realize the value of environmental science.	1. To develop the quality of organizing recreation & camping activity.	1. Student will develop the quality of organizing recreation & camping activity.	1.To develop knowledge about role of Sports Training for their performance enhancement.	1. Understand the modern concept of sports training.

	6 To look at the natural resources and related environmental issues.	2. To develop the values of recreation at different age level.	2. They will develop the values of recreation at different age level.	2. To give the knowledge various types of training load and its recovery.	2. Describe and principles of sports training.
	7 Develop an understanding about the environment.	3. To develop leadership skills among students.	3. They will develop leadership skills.	3. Planning and periodization in Sports training.	3. Evaluate and develop system of sports training and plan training.
BPCC-201 HISTORY & MODERN IN PHYSICAL EDUCATION & SPORTS			4. To create an environment for real life learning.	4. Students will create an environment for real life learning.	BPCC-602 PROFESSIONAL PREPARATION
1. To provide knowledge about historical background of Physical Education (National & International).	1 Understand the concept of physical education.	5. To develop values, trust believe, team work, cooperation.		1. To develop professional personnel.	1. Understand the concept of professional preparation.
2. To bring knowledge about various National Physical Education Institutes, Sports Federations historical background.	2 Understand the historical development of physical education in India and abroad.	6. To develop Friendship and concern.		2. To give knowledge about Historical development of Physical Education in India.	2. Describe the historical perspective of professional preparation at Indian and Abroad .
3. To bring knowledge about Olympic Games: Ancient & Modern.	3 Describe the different Olympic games and its committees.	BPCC-401 METHODS IN PHYSICAL EDUCATION & SPORTS		3. To give the knowledge about basic and effective teaching and training.	3. Classify and identify the basic knowledge of preparation.
4. To provide knowledge about eminent National & International personalities & their contribution.	4 Recognize and distinguish the functional operations of national and international Olympic Federations.	1. To create awareness about the teaching methods in Physical Education	1 It will create awareness among students about the teaching methods in Physical Education		4. Explain periodization and its types.
	5 Understand the contribution of famous sports facilities.	2. To develop the skill of preparation of lesson plan	2 They will acquire skill of preparation of lesson plan	BPCC-603 OFFICIATING & COACHING	
BPCC-202 HEALTH EDUCATION & NUTRITION		3. To teach them various command methods	3 They will learn various command methods	1. To develop the knowledge about coaching and officiating.	1. Understand the concept and mechanism of officiating and coaching.
1. To know about health rules.	1 Understand about the concept of health, health education and Nutrition.	4. To teach them about the types of tournaments	4 They will various types of tournaments and fixture	2. To develop the knowledge about rules, regulations and signals of different Games & Sports.	2. Describe the duties of coaches and officials.
2. To help know about their health status & identify health.	2 Understand the health & nutrition problems in India.	BPCC-402 YOGA EDUCATION		3 To give the knowledge about conditioning methods.	3. Realize the qualities and qualification of coach and officials.
3. To create awareness about rules of safety for communicable & non-communicable disease.	3 Understand about hygiene, nutritional aspects and prevention and control of communicable and non-communicable diseases.	1. Knowledge of classical and theoretical foundations of the field of Yoga.	1 Students will be able to understand importance of Yoga and it's types.		4. Apply the concepts of coaching and officiating.
	4 Apply the comprehensive knowledge of the concept of health education, school health services and prevention of the environment related problems.	2. Ability to effectively use yoga as a therapeutic modality through the integration of diverse approaches to this field approaches to this field.	2 Students will be able to understand importance of asana in different field and cure different diseases by different Asana.	BPEC-601 CAREER GUIDANCE & COUNSELING	
BPCC-203 ORGANIZATION, ADMINISTRATION & SUPERVISION		3. Knowledge and ability to use professional conduct during the practice of yoga ability to use	3 Students will be able to understand Sudhokriya and Pranayama..	1. To give the knowledge about value of guidance.	1. Understand the concept of value of guidance.

1. To develop the understanding of Organization, Administration & Supervision in the field of Physical Education.	1 To develop the understanding of Organization, Administration & Supervision in the field of Physical Education.	4. Relationship based approaches to catalyze positive changes or transformation with clients.	4 Students will be able to understand Baddha and effect of Mudra on human Body.	2. To give the knowledge about implications of areas of guidance..	2. Describe and use of career guidance.
2. To develop the organizing, administration & supervision qualities.	2 To develop the organizing, administration & supervision qualities.			3. To give the knowledge about counseling process.	3. Understand the concept of counseling.
3.To develop the knowledge about purchase & care of equipment's.	3 To develop the knowledge about purchase & care of equipment's.			BPEC-602 EDUCATIONAL TECHNOLOGY	
BPEC-201 SPORTS JOURNALISM		BPEC-403 KINESIOLOGY		This course will enable students to understand the concept of educational technology and methods of teaching in physical education and sports. It aims to develop understanding about educational technology, importance of devices, methods of teaching, teaching technique and style, teaching aids, lesson planning, teaching innovations and organization of tournament.	1. Understand the concept of educational technology and methods of teaching.
1. To make them aware about the role of Sports Journalism in Indian society.	1. Student will become aware about the role of Sports Journalism in Indian society.	1. To understand the basics kinesiology, Physics and its application in human movements.	1 Students will be able to understand the basics kinesiology, Physics and it's application in human movement.		2. Describe and use various teaching methods according to suitability
2. To develop the writing skills.	2. Student will develop the writing skills.	2. To understand the need and importance of principles of kinesiology	2 Students will be able to understand the need and importance of principles of Kinesiology.		3. Understand the concept of programmed learning & team teachin.
3. To bring knowledge about Media (Print, Electric & Social).	3. Student will gain knowledge about Media (Print, Electric & Social).	3. To understand the Movement and its Mechanical analysis or Mechanical concept of movements.	3 Students will be able to understand the movement and it's Mechanical analysis or Mechanical concept of movements.		4. Effectively utilize various teaching machines and system approach.
BPEC-202 WELLNESS & FITNESS MANAGEMENT		4. Understanding the function of various muscles and joints.	CO 4: Students will be able to understand the function of Various muscles and joints.		
1. To clarify the concept of fitness.	1 Student will know the concept of fitness.	BPEC-401 ENGLISH-II			
2. Various fitness components and their importance.	2 Acquire knowledge about Various fitness components and their importance.	1. To develop the use of vocabulary.	Students will know the use of vocabulary.		
3. Management of obesity & Weight control.	3 They will learn the Management of obesity & Weight control.	2.To develop the knowledge about the grammar.	2 Students will be able to the knowledge about the grammar.		
4. General principles of fitness training.	4 They will learn and apply General principles of fitness training.	3.To develop the writing skills.	3 Students will know the writing Skills.		
BPEC-401					
		1. Understand how computer application in Physical Education changes and expands over time.	1. Students will be able to understand how computer application in Physical Education changes and expands over time.		
		2.Understand the cultural and educational implications of using computers in classroom settings.	2. Students will be understand the cultural and educational implications of using computers in classroom settings.		

			3.Learn, experiment, and explore computer applications in Physical Education.	3. Student will know about computer applications in Physical Education.
			4.Situate computer applications in educational settings and explore how computers help enhance teaching and learning in a constructive learning environment.	4. Student will be understand computer applications in educational settings.
			5. Incorporate appropriate technologies collaboratively in Physical education settings through problem-based learning projects.	5. Students will be understand incorporate appropriate technologies collaboratively in Physical Education
				6. Setting through problem based learning projects.

