

MD Psychiatry

Programme outcomes

At the end of the postgraduate training in Psychiatry the student shall be able to:

- ❖ Recognize the importance of Psychiatry in the context of the health needs of the community and the national priorities in the health sector.
- ❖ Practice Psychiatry ethically and in step with the principles of primary health care.
- ❖ Demonstrate sufficient understanding of the basic sciences relevant to Psychiatry.
- ❖ Identify social, economic, environmental, biological and emotional determinants of health in a given case, and take them into account while planning therapeutic, rehabilitative, preventive, and promotive measures/strategies.
- ❖ Function as a competent psychiatrist specialized in the diagnosis, treatment and rehabilitation of psychiatric disorders (mental, emotional and addictive disorders).
- ❖ Having an understanding of the biological, psychological, social, economic and emotional aspects of psychiatric illnesses including possible preventive measures, for mental well being and contemporary advances and developments.
- ❖ Prescribe psychotropic medication, physical treatments such as ECT and monitor side-effects.

Course outcomes

At the end of the course the Post Graduate should be a competent Psychiatrist who:

- ❖ Recognizes the health needs of the individual, community and carry out professional obligations ethically and in keeping with the objectives of the National Health Policy.
- ❖ Have mastered most of the competencies pertaining to Psychiatry, that are required to be practiced at the secondary and the tertiary levels of the health care delivery system.
- ❖ Shall be aware of the recent advances and developments in Psychiatry.
- ❖ Have acquired a spirit of scientific enquiry and is oriented to the principles of research methodology and epidemiology.
- ❖ Shall have acquired the basic skills in teaching of the medical and paramedical professionals.

- ❖ Evaluate and treat psychological and interpersonal problems, including providing psychotherapy and counseling in selected cases.
- ❖ Act as a consultant to primary care physicians and be an effective leader of a multidisciplinary mental health team comprising of other mental health professionals such as psychologists, social workers, psychiatric nursing professionals.
- ❖ Deal with the legal aspects of psychiatric illness. Be informed of the mental health programmes, policies, mental health care infrastructure and issues in community care of mentally ill in the country.
- ❖ Deal with the Psychiatric Emergencies. Plan and advice measures for the prevention and rehabilitation of patients suffering from disease and disability. Demonstrate skills in documentation of individual case details as well as morbidity and mortality data relevant to the assigned situation.
- ❖ Demonstrate empathy and humane approach towards patients and their families and exhibit interpersonal behaviour in accordance with society norms and expectations.
- ❖ Organize and supervise the chosen / assigned health care services demonstrating adequate managerial skills in the clinic / hospital or the field situation.
- ❖ Develop skills as a self-directed learner; recognize continuing educational needs; select and use appropriate learning resources.
- ❖ Demonstrate competence in basic concepts of research methodology and epidemiology, and be able to critically analyze

relevant published research literature.

- ❖ Develop skills in using educational methods and techniques as applicable to the teaching of medical / nursing students, general physicians and paramedical health workers.
- ❖ Function as an effective leader of a health team engaged in health care, research or training.
- ❖ Participate in the teaching and training programme of undergraduate students and interns.
- ❖ Training in medical audit, management, health economics, health information system, basics of statistics, exposure to human behavior studies, knowledge of pharmaco-economics and introduction to non- linear mathematics.